



A Pair Of Indian Exercise Clubs

Sold



REF: 30257

Height: 97 cm (38.2")

Diameter: 17 cm (6.7")

Weight: 3 kg

Description

Late 19th Century Indian Jori, Persian Meel Clubs.

A large heavy pair of antique wooden Indian clubs, Indian Jori clubs or Persian Meels. The meels have an elongated shape, resembling the form of a bowling pin, tapering to the handle. Nicely decorated with a wide red band, a yellow gold bottom and two tram lines, the wood with nice patina. The origins of these types of clubs were as training aids for warriors and wrestlers. They helped them to develop the strength and agility necessary for combat. Later evolving into performance arts or for pure physical exercise, because of the health benefits and to develop strength and mobility.