



5kg Leather Medicine Ball

£145



REF: 30311

Height: 28 cm (11")

Width: 32 cm (12.6")

Depth: 31 cm (12.2")

Weight: 5 kg

Description

Vintage Leather Medicine Ball.

This is a nice vintage medicine ball made from twelve leather panels, very similar to a traditional leather football. The ball with a leather laced up closing, writing on one panel - 16/874. The leather has a polished satin finish but with a few scuff marks and stains.

The ball is not completely round, it's circumference is 102½ cm.

These types of balls have been widely used for conditioning and strengthening the upper body of athletes and boxers for many years.